



Empowering Our Community Through Comprehensive Strategies.

DATA FEATURE

Quality of Life: Healthy Food Access

8.7/10

**FOOD
ENVIRONMENT
INDEX**

was the combined average of Woodbury, Dakota, and Union Counties on the food environment index, which includes access to healthy foods and food insecurity. The average value across the country was 7.7.

- COUNTY HEALTH RANKINGS, 2024

Zero

**DRINKING
WATER
VIOLATIONS**

community water systems in Woodbury, Dakota, and Union Counties reported a health-based drinking water violation in 2022.

- COUNTY HEALTH RANKINGS, 2024



ABOUT US

Source For Siouxland is a collaborative, strategic community planning initiative for a vibrant, safe, and healthy Siouxland. We measure the Economic Stability, Education, Health, Safety, and Quality of Life of the Siouxland Area in order to identify opportunities to build a stronger and more engaged community, prioritize the opportunities, and lead collective impact teams that will improve community outcomes.

INFORMATION BROUGHT TO YOU BY THE SFS LEADERSHIP TEAM:

Catholic Charities• Great Plains ToP• Growing Community Connections• Helios Foundation• One Siouxland• SHIP• Siouxland Community Foundation• Siouxland District Health Department• United Way of Siouxland

HEALTHY FOOD ACCESS: PROGRESS AND CHALLENGES IN SIOUXLAND

Food Access & Insecurity

The Food Environment Index, which measures access to healthy food and factors like food insecurity, shows notable variations across regions. Woodbury County's Food Environment Index improved from 7.9 in 2019 to a peak of 8.6 in 2022 before a slight decline to 8.5 in 2024, reflecting steady progress. Dakota County experienced more fluctuations, decreasing from 8.5 in 2019 to 7.8 in 2021 before gradually recovering to 8.3 by 2024. Union County consistently reported the highest index, rising from 9.0 in 2019 to 9.3 in 2024, demonstrating superior access to healthy food compared to the other counties.

Drinking Water Violations

There were no reported drinking water violations across Woodbury, Dakota, or Union Counties during the observed period. This consistent compliance with water quality standards underscores the strength of water infrastructure and resource management in these areas.

The data reveals disparities in access to healthy food across the Siouxland counties, with Union County leading the way and Woodbury and Dakota Counties showing progress but lagging behind. The absence of drinking water violations is a significant asset, ensuring reliable water quality throughout the region. To foster equitable public health outcomes, targeted efforts to improve food access in lagging areas will be essential for Siouxland.