

HEALTH / BEHAVIORAL HEALTH										
	Source	Area	2012	2013	2014	2015	2016	2017	2018	2019
<b>Life Expectancy</b>										
Premature Death	CHR	WC	6,656	6,680	6,680	6,653	7,000	6,800	6,700	7,000
Premature Death	CHR	IA	6,012	5,971	5,971	5,911	5,900	5,900	5,900	6,200
Premature Death	CHR	DC	6,944	5,459	5,459	5,515	5,600	5,800	5,900	6,200
Premature Death	CHR	NE	5,466	5,459	5,904	5,792	5,800	5,900	6,000	6,100
Premature Death	CHR	UC								4,600
Premature Death	CHR	SD								7,300
<i>Note: Premature Death is calculated in the following manner: the years of potential life lost in a county during a three-year period are summed and divided by the total population of the county during that same time period. This value is then multiplied by 100,000 to calculate the years of potential life lost under age 75 per 100,000 people.</i>										
<b>Uninsured</b>										
Uninsured	CHR	WC	14%	15%	14%	13%	13%	11%	8%	7%
Uninsured	CHR	IA	10%	11%	10%	10%	10%	7%	6%	5%
Uninsured	CHR	DC	19%	20%	20%	19%	20%	17%	16%	16%
Uninsured	CHR	NE	13%	13%	13%	13%	13%	11%	9%	10%
Uninsured	CHR	UC								6%
Uninsured	CHR	SD								10%
<i>Note: "Uninsured" denotes the percentage of the population under age 65 without health insurance.</i>										
<b>Obesity</b>										
Obese Adults	CHR	WC	31%	31%	31%	32%	34%	34%	35%	35%
Obese Adults	CHR	IA	29%	29%	29%	30%	31%	31%	32%	32%
Obese Adults	CHR	DC	35%	35%	34%	34%	34%	36%	36%	38%
Obese Adults	CHR	NE	29%	29%	29%	29%	30%	30%	31%	31%
Obese Adults	CHR	UC								32%
Obese Adults	CHR	SD								31%
<i>Note: "Obese Adults" refers to the % of the adult population (age 20+) that reports a body mass index (BMI) greater than or equal to 30 kg/m2. In future iterations of the data booklet, Source for Siouxland hopes to include Obese Youth.</i>										
	Source	Area	2012	2013	2014	2015	2016	2017	2018	2019
<b>Mental Health</b>										
Mental Health Providers	CHR	WC			914:1	844:1	760:1	580:1	500:1	470:1
Mental Health Providers	CHR	IA			1,144:1	995:1	910:1	820:1	760:1	700:1
Mental Health Providers	CHR	DC			634:1	427:1	410:1	470:1	490:1	440:1
Mental Health Providers	CHR	NE			560:1	435:1	410:1	440:1	420:1	440:1
Mental Health Providers	CHR	UC								2,500:1
Mental Health Providers	CHR	SD								590:1

<b>Mental Health</b>																								
	Source	Area	2012	2013	2014	2015	2016	2017	2018	2019														
Poor Mental Health Days	CHR	WC	2.6	2.6	2.5	2.5	3.1	3.4	3.4	3.4														
Poor Mental Health Days	CHR	IA	2.7	2.7	2.6	2.6	2.9	3.3	3.3	3.3														
Poor Mental Health Days	CHR	DC	2.8	2.9	3.5	3.5	3	2.8	3.1	3.1														
Poor Mental Health Days	CHR	NE	2.6	2.7	2.7	2.7	2.8	3	3.2	3.2														
Poor Mental Health Days	CHR	UC												2.5										
Poor Mental Health Days	CHR	SD												2.9										
<i>Note: Poor Mental Health Days measures the average number of mentally unhealthy days reported in past 30 days.</i>																								
<b>Teen Birth Ratio</b>																								
	Source	Area	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018											
Teen Birth Ratio per 1,000 live births, <20	IDPH	WC	119.0	129.4	120.5	89.1	97.7	77.3	78.4	57.1	59.9	69.4	64.1											
Teen Birth Ratio % of live births <20	IDPH	WC	11.9%	12.9%	12.1%	8.9%	9.8%	7.7%	7.8%	5.7%	6.0%	6.9%	6.4%											
Teen Birth Ratio % of live births <20	IDPH	IA	9.0%	8.7%	7.9%	7.1%	6.6%	5.9%	5.2%	4.1%	4.6%	4.4%	4.2%											
Teen Birth Ratio % of live births <20	DC-F	DC	12.8%	13.0%	11.3%	10.2%	9.8%	8.2%	9.0%	9.4%	6.2%	NYA	NYA											
Teen Birth Ratio % of live births <20	DC-F	NE	8.6%	8.3%	7.6%	6.8%	6.5%	6.0%	5.3%	5.2%	4.6%	NYA	NYA											
<i>Note: Teen birth data in Nebraska is currently only available through 2016. NYA denotes Not Yet Available.</i>																								
<b>Access to Alcohol and Other Drugs</b>																								
Youth Say Difficult to Access Alcohol	A	Tri	34%	36%	37%	40%	39%	*	44%	*	45%	*	53%											
Youth Say Difficult to Access Tobacco	A	Tri	44%	47%	46%	50%	50%	*	56%	*	57%	*	62%											
Youth Say Difficult to Access Marijuana	A	Tri	59%	60%	61%	63%	62%	*	67%	*	66%	*	67%											
Youth Say Difficult to Access Meth	A	Tri	81%	83%	86%	85%	86%	*	87%	*	89%	*	88%											
	Source	Area	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018											
<b>Youth Prevalence of Alcohol and Other Drugs</b>																								
30-Day Prevalence-Alcohol																								
Used Alcohol-12th	A	Tri	50%	47%	40%	35%	39%	*	31%	*	26%	*	22%											
Binge Drinking-12th (>5 drinks)	A	Tri	38%	36%	30%	24%	27%	*	19%	*	15%	*	12%											
30-Day Prevalence-Used Tobacco-12th	A	Tri	25%	26%	23%	21%	21%	*	13%	*	9%	*	8%											
30-Day Prevalence-Used Marijuana-12th	A	Tri	20%	20%	16%	20%	17%	*	12%	*	12%	*	15%											
Never Used in Past 30-Days																								
Never Used Cigarettes-12th	A	Tri	75%	74%	77%	79%	79%	*	86%	*	91%	*	92%											
Never Used E-Cigarettes/Vaping-12th	A	Tri											78%											
<i>Note: Siouxland CARES Youth Survey was conducted every other year, beginning in 2012.</i>																								
			2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018											
Lifetime Prevalence-Ever Used Alcohol-10th	A	Tri	74%	73%	79%	66%	66%	*	56%	*	52%	*	54%											
Lifetime Prevalence-Ever Used Alcohol-10th	B	USA	58%	59%	58%	56%	54%	52%	49%	47%	43%	42.2%	43.0%											
Lifetime Prevalence-Ever Used Alcohol-8th	A	Tri	57%	59%	61%	54%	49%	*	48%	*	41%	*	59.8%											
Lifetime Prevalence-Ever Used Alcohol-8th	B	USA	39%	37%	36%	33%	30%	28%	27%	26%	23%	23.1%	23.50%											

Youth Prevalence of Alcohol and Other Drugs													
			2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018
Annual Prevalence-Binge Drinking (>5)-10th	A	Tri	32%	35%	33%	28%	25%	*	17%	*	16%	*	10%
Annual Prevalence-Binge Drinking (>5)-10th	B	USA	30%	31%	30%	29%	28%	27%	25%	23%	21%	20.4%	9%
Annual Prevalence-Binge Drinking (>5)-8th	A	Tri	15%	19%	17%	14%	12%	*	9%	*	4%	*	7%
Annual Prevalence-Binge Drinking (>5)-8th	B	USA	13%	12%	12%	11%	9%	8%	7%	8%	6%	6.4%	4%
Past 30-day Prevalence-Used Alcohol-10th	A	Tri	37%	32%	30%	27%	25%	*	20%	*	17%	*	13%
Past 30-day Prevalence-Used Alcohol-10th	B	USA	29%	30%	29%	27%	28%	26%	24%	22%	20%	19.7%	19%
Past 30-day Prevalence-Used Alcohol-8th	A	Tri	24%	21%	19%	17%	14%	*	12%	*	8%	*	8%
Past 30-day Prevalence-Used Alcohol-8th	B	USA	16%	15%	14%	13%	11%	10%	9%	10%	7%	7.3%	8%
	Source	Area	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018
<b>Substance Use Disorders in Homes</b>													
6th, 8th, & 11th graders	Q	WC	20%	*	21%	*	18%	*	15%	*	17%	*	19%
6th, 8th, & 11th graders	Q	IA	16%	*	17%	*	13%	*	13%	*	14%	*	15%
<i>Note: This measure refers to the number of children in 6th, 8th, and 11th grades who strongly agree with the statement: "There are people living in my home who have serious drug or alcohol problems."</i>													
	Source	Area	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018
<b>Compliance Checks</b>													
Compliance Checks - Tobacco	N	WC	292	248	234	122	121	109	131	140	139	131	131
Compliance Rate - Tobacco	N	WC	91%	93%	91%	91%	95%	99%	95%	90%	86%	84%	NYA
Compliance Rate - Tobacco	N	IA	92%	92%	93%	92%	92%	93%	93%	91%	91%	91%	93%
Compliance Rate - Tobacco	SCPD	SC								89%	85%	89%	93%
Compliance Rate - Alcohol	SCPD	SC								87%	83%	89%	89%
# Compliance Checks - Tobacco & Alcohol	CARES	DC	14	18	36	31	28	42	25	31	31	30	30
Compliance Rate - Tobacco & Alcohol	CARES	DC	71%	72%	83%	84%	89%	81%	92%	94%	94%	97%	97%
	Source	Area	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018
<b>Around Other Teens Using in the Past Year</b>													
Alcohol-10th Graders	A	Tri	55%	61%	54%	49%	47%	*	39%	*	35%	*	30%
Alcohol-8th Graders	A	Tri	42%	43%	39%	34%	32%	*	31%	*	21%	*	30%
Marijuana-10th Graders	A	Tri	48%	46%	46%	46%	44%	*	38%	*	39%	*	32%
Marijuana-8th Graders	A	Tri	32%	32%	33%	31%	32%	*	34%	*	23%	*	30%
Methamphetamine-10th Graders	A	Tri	11%	10%	7%	8%	8%	*	7%	*	5%	*	6%
Methamphetamine-8th Graders	A	Tri	6%	7%	6%	6%	7%	*	6%	*	3%	*	5%
<i>Note: Siouxland CARES Youth Survey was conducted every other year, beginning in 2012.</i>													
	Source	Area	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018
<b>Newborn Drug Tests</b>													
Number Tested	J	Tri	472	449	440	298	238	237	371	361	436	472	452
Newborns tested positive for drugs	J	Tri	10	10	32	14	10	24	42	86	75	80	65
% positive tests (pos tests/number tested)	J	Tri	2.1%	2.2%	7.3%	4.7%	4.2%	10.1%	11.3%	23.8%	17.8%	16.9%	14.3%
<i>Notes: Positive test breakdown by type of substance is available upon request.</i>													