

Catholic Charities

DIOCESE OF SIOUX CITY



2022

2,302

THERAPY CLIENTS SERVED

33% ↑

FROM LAST YEAR

1018

FAMILIES SERVED IN NEED OF FINANCIAL

ASSISTANCE/REFERRAL

(food, rent, utilities, basic needs)

29%

CHILDREN

27%

SPANISH SPEAKING

SCHOOL/AFTER-SCHOOL PARTNERS



FAMILY SUPPORT GROUPS

- **Suicide Support Group 3x/year**
- **Parenting Groups**
- **Senior Woman's Group - Starting Soon**

There is increased collaboration throughout Siouxland regarding mental health. More conversations are happening at all levels to help break the stigma, address needs and ensure families both understand mental health and know where to turn when they are struggling. This is having an impact. More people are seeking services and getting the help they need.