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Source FOR SIOUXLAND

Empowering Our Community Through Comprehensive Strategies.

DATA FEATURE

Health: Recovery Ready Community Index (RRCI)

67.9/99 SIOUX CITY

is the Recovery Ready Community Index Score (RRCI) Score for Sioux City.

- IOWA STATE UNIVERSITY PUBLIC SCIENCE COLLABORATIVE, 2025

69.4/99 WOODBURY COUNTY

is the Recovery Ready Community Index Score (RRCI) Score for Woodbury County.

- IOWA STATE UNIVERSITY PUBLIC SCIENCE COLLABORATIVE, 2025

40.1/99 IOWA

is the Recovery Ready Community Index Score (RRCI) Score for the State of Iowa.

- IOWA STATE UNIVERSITY PUBLIC SCIENCE COLLABORATIVE, 2025

UNDERSTANDING THE RECOVERY READY COMMUNITY INDEX

Background

The Recovery Ready Community Index (RRCI) is a tool that measures a community's support for substance use recovery by quantifying the availability and density of recovery resources and services. It calculates a score based on the average percentile rank of three metrics: total resources, resources per 10,000 people, and mutual aid meetings per 10,000 people. The index evaluates the breadth and depth of existing recovery resources, including both formal and informal supports as well as clinical and non-clinical service providers. Examples of these resources include hospitals, treatment centers, mutual aid and support groups, recovery coaches, churches, and parks. By assessing community assets and the ways these resources are mobilized, communities can better channel existing supports to assist individuals in or seeking recovery.

RRCI in Siouxland

In 2025, the Recovery Ready Community Index (RRCI) highlights notable variation in recovery resource availability across Iowa. Sioux City scored 67.9, while Woodbury County scored slightly higher at 69.4, indicating that both areas have a relatively high concentration of recovery resources compared with other communities in the state. In contrast, the statewide average RRCI score for Iowa was 40.1, substantially lower than the regional scores, suggesting that many communities across the state have fewer recovery resources or lower accessibility per capita. The RRCI incorporates three key factors—total recovery resources, resources per 10,000 people, and mutual aid meetings per 10,000 people—and uses a percentile ranking from 0 to 99, with higher scores reflecting stronger community readiness to support individuals in recovery. These findings underscore the relative strength of recovery infrastructure in Sioux City and Woodbury County, while also highlighting statewide gaps that present opportunities for targeted investment in recovery programs, mutual aid networks, and clinical services to improve community recovery readiness across Iowa.

ABOUT US

Source For Siouxland is the region's central resource for trusted data, helping advance a healthy, safe, and vibrant community. We track key indicators across five focus areas—Economic Stability, Education, Health, Safety, and Quality of Life.
Through our annual Data Update and monthly Data Features, we collect and share local, regional, and national data to help community leaders, nonprofits, and funders make informed decisions.

INFORMATION BROUGHT TO YOU BY THE SFS LEADERSHIP TEAM:

Catholic Charities· Great Plains ToP· Growing Community Connections· Helios Foundation· One Siouxland· SHIP· Siouxland Community Foundation· Siouxland District Health Department· United Way of Siouxland

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